



Learn to Row with Mercy Crew

Friends • Fitness • Sportsmanship • Leadership • Teamwork

Welcome to the World of Rowing!

For girls entering Mercy grades 6-12

Our learn to row camp is designed for girls who are new to rowing. Participants will learn the mechanics of rowing from experienced Mercy Crew coaches. They will learn rowing techniques, concepts and terminology, safety procedures, and boat and oar handling.

Students who plan to row for Mercy Crew in fall 2022 are encouraged to attend one of the sessions.

Location: Genesee Waterways Center, 149 Elmwood Ave.

Cost: \$275

Session	Date	Time
Session 1	July 11 – July 22	9:30 a.m. – 12:00 p.m.
Session 2	July 25 – August 5	9:30 a.m. – 12:00 p.m.
Session 3	August 8 – August 19	9:30 a.m. – 12:00 p.m.

Questions? Email boardpresident@mercycrew.org

Register today at www.mercycrew.org

